

## Junior Coaches Program (JCP)



The purpose of this program is to provide additional sports related opportunities for high school students and to set a standard for effective coaching. A maximum of six (6) junior coaches will be selected for the first year of the program. Winter sports coaches will volunteer to serve as mentors for the junior coaches and will be approved by Recreation and Parks. First-year coaches are not eligible to participate in the Junior Coaches Program.

The Junior Coaches Program is way for students to positively impact their community and the future of youth sport coaching in St. Mary's County. It targets high school students to become the younger generation of coaches, with the goal of creating a consistent standard for coaching. As student athletes grow, the sports opportunities available to them decrease. The Junior Coaches Program creates alternate opportunities for youth interested sports and teaching them essential skills that will help shape them as an individual and help them later in life. Through this program, youth coaches will gain self-confidence, leadership skills, find their personal motivations, and serve as mentors to younger players.

### Specific Qualifications

- Must submit a Student Coach Application Form to the Recreation & Parks Sports Coordinator
- Must submit a letter of recommendation from teachers, coaches, or other members of the community
- Must complete a training session conducted by Recreation & Parks staff
- Possess a strong work ethic
- Experience working with young people
- Ability to put the needs of others first
- Positive character and ability to make difficult decisions in the face of adversity
- Ability to relate to adults of all ages, as well as to children
- Flexibility and ability to accept supervision and guidance
- Good communication skills

**For more information contact:**

**Darrick Sesker, Sports Coordinator**

**301-475-4200 ext. \*1803**

**[Darrick.sesker@stmarysmd.com](mailto:Darrick.sesker@stmarysmd.com)**

# JCP APPLICATION FORM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_

PLEASE LIST ANY EXTRACURRICULAR ACTIVITIES

\_\_\_\_\_

## VOLUNTEER OR WORK EXPERIENCE FOR ACTIVITY

1) ORGANIZATION: \_\_\_\_\_ DATES: \_\_\_\_\_

DESCRIPTION OF DUTIES: \_\_\_\_\_

2) ORGANIZATION: \_\_\_\_\_ DATES: \_\_\_\_\_

DESCRIPTION OF DUTIES: \_\_\_\_\_

## REFERENCES:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

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I hereby certify that all statements made in this application are true and I authorize investigation of all matters contained in the application. I acknowledge that any false statements or misrepresentations on this application will be cause for refusal of placement or immediate dismissal at any time during the period of my placement.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

Application can be mailed to:  
St. Mary's Recreation & Parks  
Attn: Darrick Sesker  
PO Box 653  
Leonardtown, MD 20650

Application can be dropped off at:  
St. Mary's Recreation & Parks  
Patuxent Building  
23150 Leonard Hall Dr  
Leonardtown, MD 20650

Please tell us about some of your hobbies & interests:

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Please tell us what interests you most about volunteering at Recreation & Parks:

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What do you hope to gain from this experience?

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