

## YOUTH SPORTS CONTACT DIRECTORY

Last updated 2.13.19

<b>Baseball/Softball/TBall</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
St. Mary's Little League	Bart Ludlow	301-481-3043	<a href="http://www.stmaryslittleleague.org">http://www.stmaryslittleleague.org</a> <a href="mailto:small.president@gmail.com">small.president@gmail.com</a>
St. Mary's Babe Ruth Baseball	Bob Richardson	301-481-5533	<a href="http://smbrl.baberuthonline.com/">http://smbrl.baberuthonline.com/</a> <a href="mailto:SMBRLeague@gmail.com">SMBRLeague@gmail.com</a>
St. Mary's County T-Ball Youth Organization	John Cockerham		<a href="https://tshq.bluesombrero.com/Default.aspx?tabid=2372510">https://tshq.bluesombrero.com/Default.aspx?tabid=2372510</a>
<b>Basketball</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
R&P Sponsored Youth Basketball	R&P Coordinator: Kenny Sothoron	301-475-4200	<a href="http://www.stmarysmd.com/recreate/youthbball">www.stmarysmd.com/recreate/youthbball</a> <a href="mailto:Kenny.sothoron@stmarysmd.com">Kenny.sothoron@stmarysmd.com</a>
<b>Bicycle Motorcross</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Southern Maryland BMX	Holly Borrer	240-925-7239	<a href="http://www.somdbmx.com">www.somdbmx.com</a> <a href="mailto:holly2162@gmail.com">holly2162@gmail.com</a>
<b>Cheerleading</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Cougars Elite Cheerleading	Maya Velez OR Tami Trent		<a href="mailto:cougarselite@gmail.com">cougarselite@gmail.com</a> <a href="mailto:cougarselite.tami@gmail.com">cougarselite.tami@gmail.com</a>
R&P Sponsored Middle School Cheerleading	R&P Coordinator: Darrick Sesker	301-475-4200	<a href="http://www.stmarysmd.com/recreate/cheerleading">www.stmarysmd.com/recreate/cheerleading</a> <a href="mailto:darrick.sesker@stmarysmd.com">darrick.sesker@stmarysmd.com</a>
<b>Football</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Leonardtown Wildcats	Tim Norris		<a href="http://www.leonardtownwildcats.org">www.leonardtownwildcats.org</a> <a href="mailto:leonardtownwildcats@gmail.com">leonardtownwildcats@gmail.com</a>
Mechanicsville Braves	Rick Albright		<a href="http://www.mechanicsvillebraves.org/">http://www.mechanicsvillebraves.org/</a> <a href="mailto:bravesinfo@mechanicsvillebraves.org">bravesinfo@mechanicsvillebraves.org</a>
Pax River Raiders	Dave Burris		<a href="http://www.paxriverraiders.org/">http://www.paxriverraiders.org/</a>

St. Mary's Youth NFL Flag Football League	Dominique Zellner or Israel Jordan	718-309-3775 301-481-6083	<a href="http://www.smcys.org">www.smcys.org</a> <a href="mailto:STMYFFL@gmail.com">STMYFFL@gmail.com</a>
<b>Lacrosse</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
R&P Sponsored Indoor Lacrosse	R&P Coordinator: Kenny Sothoron	301-475-4200	<a href="mailto:Kenny.sothoron@stmarysmd.com">Kenny.sothoron@stmarysmd.com</a>
Mechanicsville Youth Lacrosse	Melinda Sampson	240-682-5430	<a href="http://mylc.leagueapps.com/">http://mylc.leagueapps.com/</a> <a href="mailto:melindak05@hotmail.com">melindak05@hotmail.com</a>
St. Mary's Girls Lacrosse League	Cynthia Lisa		<a href="http://www.smgl.org/">http://www.smgl.org/</a> <a href="mailto:info@smgl.org">info@smgl.org</a>
St. Mary's Lacrosse Club	Jonathan Sola	240-298-4085	<a href="http://www.smylc.org">http://www.smylc.org</a> <a href="mailto:stmarysyouthlacrosseclub@gmail.com">stmarysyouthlacrosseclub@gmail.com</a>
<b>Roller Hockey</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
R&P Sponsored Indoor Roller Hockey	R&P Coordinator: Kenny Sothoron	301-475-4200	<a href="mailto:Kenny.sothoron@stmarysmd.com">Kenny.sothoron@stmarysmd.com</a>
<b>Rugby</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Youth - Patuxent River Rugby	Steve Johnstone	301-481-9197	<a href="http://www.paxrugby.com/">http://www.paxrugby.com/</a> <a href="mailto:youth@paxrugby.com">youth@paxrugby.com</a>
<b>Soccer</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
R&P Sponsored Indoor Soccer	R&P Coordinator: Kenny Sothoron	301-475-4200	<a href="mailto:Kenny.sothoron@stmarysmd.com">Kenny.sothoron@stmarysmd.com</a>
St. Mary's Soccer	Dan Skane		<a href="mailto:info@stmaryssoccer.org">info@stmaryssoccer.org</a>
<b>Tennis</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>

USTA JR Team Tennis	Brian Abell		<a href="http://stmarystennis.org/">http://stmarystennis.org/</a>
<b>Wrestling</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Wrestling	Bobby Samuels		<a href="http://www.stmaryswrestling.org/">http://www.stmaryswrestling.org/</a> <a href="mailto:coach@stmaryswrestling.org">coach@stmaryswrestling.org</a>

### ADULT SPORTS CONTACT DIRECTORY

<b>Bicycle Motorcross</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Southern Maryland BMX	Frank Bohannon Dave Rivera	301-466-0508 240-431-8034	<a href="http://www.somdbmx.com">www.somdbmx.com</a>
<b>Lacrosse</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Lacrosse	Don Behrens	301-481-8665	<a href="http://www.smylc.org">http://www.smylc.org</a> <a href="mailto:dabehrens@gmail.com">dabehrens@gmail.com</a>
<b>Rugby</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
Patuxent River Rugby	John Brennan	301-862-1545	<a href="http://www.paxrugby.com/">http://www.paxrugby.com/</a> <a href="mailto:jbrennanphd@gmail.com">jbrennanphd@gmail.com</a>
<b>Soccer</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
St. Mary's Regional Adult Co-Ed Outdoor Soccer	Kevin Craft		<a href="http://www.smcoedsoccer.com/">http://www.smcoedsoccer.com/</a> <a href="mailto:smcoedsoccer@smcoedsoccer.com">smcoedsoccer@smcoedsoccer.com.</a>
<b>Tennis</b>	<b>Contact</b>	<b>Telephone</b>	<b>Web address</b>
St. Mary's County Tennis Association	Alan Turrill		<a href="http://www.stmarystennis.com">http://www.stmarystennis.com</a>
USTA League Tennis (Adults & Seniors) St. Mary's Co League	Virginia King		<a href="http://www.stmarystennis.com">http://www.stmarystennis.com</a>